



Help your employees get up and running with their new health plan

The Getting Started Toolkit is here to offer support

Now's the time to help employees understand how their new plan works. Improved understanding of health benefits may reduce delays in care, out-of-pocket costs and other preventable issues for your employees.

To help employees better understand their new plan, we've put together the **Getting Started Toolkit**, organized into 3 sections:

- 1 Before the plan begins
- 2 When the plan begins
- 3 One to 3 months into the plan

Each section offers different materials you can use to help your employees make the most of their benefits this plan year.

91%

of employees value ongoing health plan education throughout the plan year¹

Consider the following with your Getting Started Toolkit

Find the phase your employees are in with their health plan. Then, find the tools you want to share.

	Topic	Available format(s)
1 Before the plan begins	How a health plan works	Videos
	What to do before the health plan begins	Flier
	Tips for finding a doctor	<ul style="list-style-type: none"> • Flier • Video
	Additional employee education	<ul style="list-style-type: none"> • Article series • Website
2 When the plan begins	Digital tools designed to help keep employees connected	<ul style="list-style-type: none"> • Flier • Video
	Welcome brochure	Brochures: <ul style="list-style-type: none"> • Fully insured • Self-funded (ASO)
	Additional employee education	<ul style="list-style-type: none"> • Article series • Website
3 One to 3 months into the plan	Using the plan	Know the differences between an HSA, HRA and FSA <ul style="list-style-type: none"> • Fliers • Video
	Finding care options	Care options Virtual visits Preventive care <ul style="list-style-type: none"> • Fliers • Website
	Understanding pharmacy benefits	Optum Rx® Flier
	Additional employee education	<ul style="list-style-type: none"> • Article series • Website



Access the Getting Started Toolkit at uhc.com/gettingstartedtoolkit

There, you can access other online resources: Employer eServices®, the Employee Engagement Planner® on uhceservices.com and the UnitedHealthcare Sourcebook.

¹ Open Enrollment Research Report 2022-2025. Aug. 2025.

Employee benefits including group health plan benefits may be taxable benefits unless they fit into specific exception categories. Please consult with your tax specialist to determine taxability of these offerings.

Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Administrative services provided by United HealthCare Services, Inc. or their affiliates. Health Plan coverage provided by or through a UnitedHealthcare company.

Administrative services provided by United HealthCare Services, Inc. or their affiliates, and UnitedHealthcare Service LLC in NY. Stop-loss insurance is underwritten by UnitedHealthcare Insurance Company or their affiliates, including UnitedHealthcare Life Insurance Company in NJ, and UnitedHealthcare Insurance Company of New York in NY.

